

Responding to COVID-19 Webinar Series – Part X:

Gym, Zoo, Frisbee?

What to Expect When Having Fun in CT Under the DECD Guidelines


Please note: The program will begin promptly at 10:00 a.m. If you experience difficulties with the audio portion of the program, there is an audio tab in the upper right corner of the webinar program. Click on that tab, and you will be given instructions for dialing in by phone to hear the audio.

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Reopening Guidelines

- Phase 1 – May 20, 2020
- Phase 2 – June 17, 2020
- Self-certification process
- Future phases?



Self-Certify your business

Before a business can reopen in accordance with the sector rules established by the State, they must self-certify that they are following strict safety guidelines to keep their employees and customers safe.

Once you self-certify, we will provide you with a badge and signage. You may voluntarily post this at your place of business or your website.

NOTE: If you self-certified your business during Phase 1, your business will not need to certify again.

Business Sector
* Choose a sector that closely aligns to your business
--Select Sector--

Business Industry
* Choose the industry that closely aligns to your business
--Select Business--

Business Name
* Please specify your registered business name

Business Address
* If you have multiple locations, you need to submit a form per location
Street Address

Gathering Limits

- Social and recreational gatherings limited to 25 people indoors and 100 people outdoors

Face Coverings

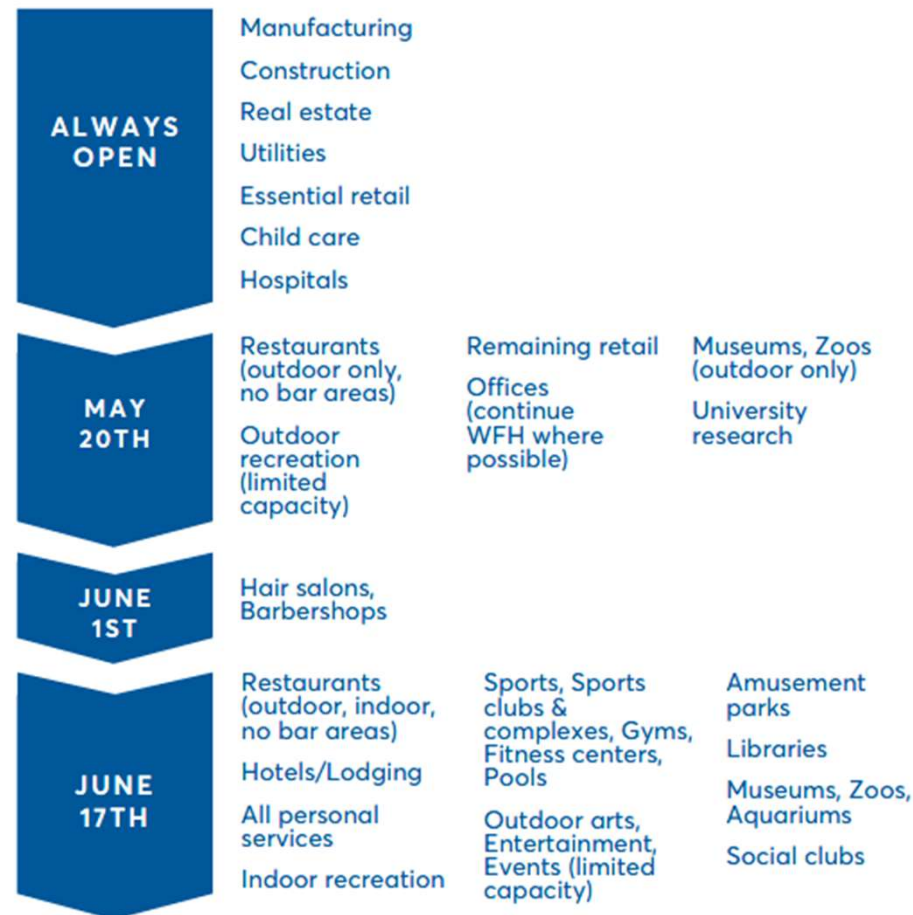
- Face coverings required where 6-foot distance cannot be maintained
- Does not apply to anyone who cannot wear a face covering due to a medical condition

Social Distancing

- Floor stickers
- Capacity limits
- Plexiglass barriers



What's Open?



Reminder...

- Individuals over the age of 65 or with health conditions should not partake in any of these activities
- Stay home, stay safe
- These rules are the minimum baseline

Gyms

- 50% capacity
- Masks required if 6 feet apart
- Masks not required if 12 feet apart
- Schedule changes
- BYO water bottle
- Reorganized equipment and locker rooms
- No showers, saunas, steam rooms



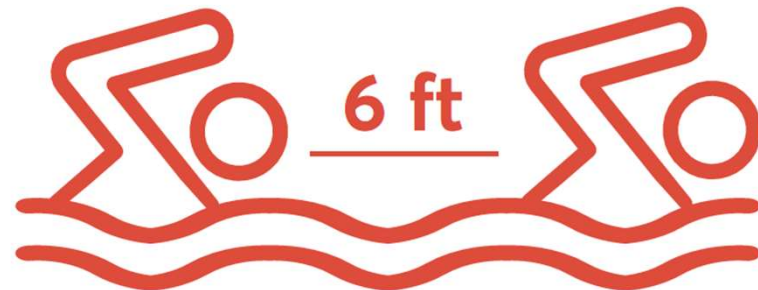
Fitness Classes

- Should be held outdoors or virtually
- Indoors 50% capacity
- 6 feet distancing
- Pre-scheduling
- Fitness cohorts



Pools

- Reopened June 10th for lifeguard training
- Showers only for rinsing
- Arrive in swimsuits
- Hot tubs 50% capacity and 6 feet
- Share lanes only with household members
- Masks for classes where possible if not 12 feet apart
- No swim lessons involving physical contact
- Lifeguards should avoid mouth-to-mouth contact



Beaches and Swimming Areas

- Social distancing rules apply
- Check municipal rules
- Limited shared equipment (chairs, etc.)



Outdoor Activities



- Contactless ticketing
- Virtual queuing and staggered entry
- Stage distance

Sports Allowed

Lower Risk

- Individual Running Events
- Throwing Events
- Individual Swimming
- Golf
- Weightlifting
- Sideline Cheer
- Single Scull
- Cross Country
- Diving
- Fencing
- Ice Skating

Moderate Risk

- Volleyball
- Soccer
- Gymnastics
- Field Hockey
- Tennis
- Swimming Relays
- Pole Vault
- High Jump
- Long Jump
- Crew
- Synchronized Swimming
- Baseball and Softball

Higher Risk (July 6th)

- Wrestling
- Boxing
- Football
- Lacrosse
- Competitive Cheer
- Dance
- Rugby
- Basketball
- Roller Derby
- Ice Hockey
- Water Polo
- Martial Arts

Outdoors

- Field limited to 2 teams, officials, and limited family members

Indoors

- 50% of building capacity with maximum of 25 people per field, court, pool, etc.
- May exceed capacity to include 1 parent/guardian per athlete

Sporting Events cont.

- Daily screening
- Travel alone
- No team snacks
- No shared equipment
- BYO water bottle
- Staggered scheduling
- No huddle or handshakes
- Break teams into cohorts

Tennis, Pickleball, Squash and Racquetball

- USTA guidelines
 - Limit to family, household, and low-risk opponents/partners
 - No equipment sharing
 - Consider wearing gloves
 - Call the ball
 - Only touch your own balls; kick others' balls
- 1:1 only for squash/racquetball

PICKLEBALL/PADDLE TENNIS
Allowed.



TENNIS
Follow USTA guidelines.



SQUASH/RACQUETBALL
1:1 only.



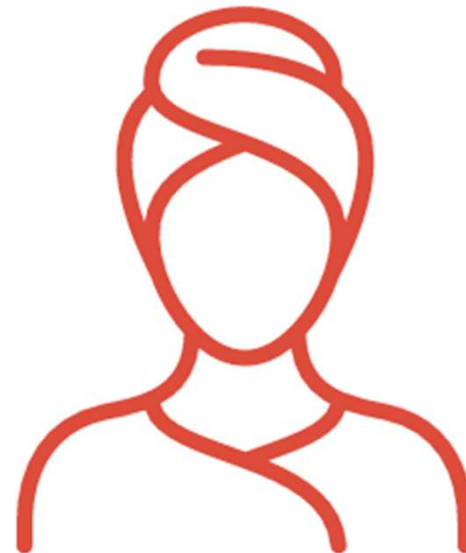
Other Sports?

- Check governing body for your sport



Spas and Personal Services

- Hair salons and barbershops opened June 1st
- Tanning beds allowed
- Locker room adjustments
- No lounges or showers
- Increased ventilation
- Appointments required
- 50% occupancy for hot tubs, hydrotherapy, salt caves, salt baths
- Saunas and steam rooms closed
- Masks required for customers

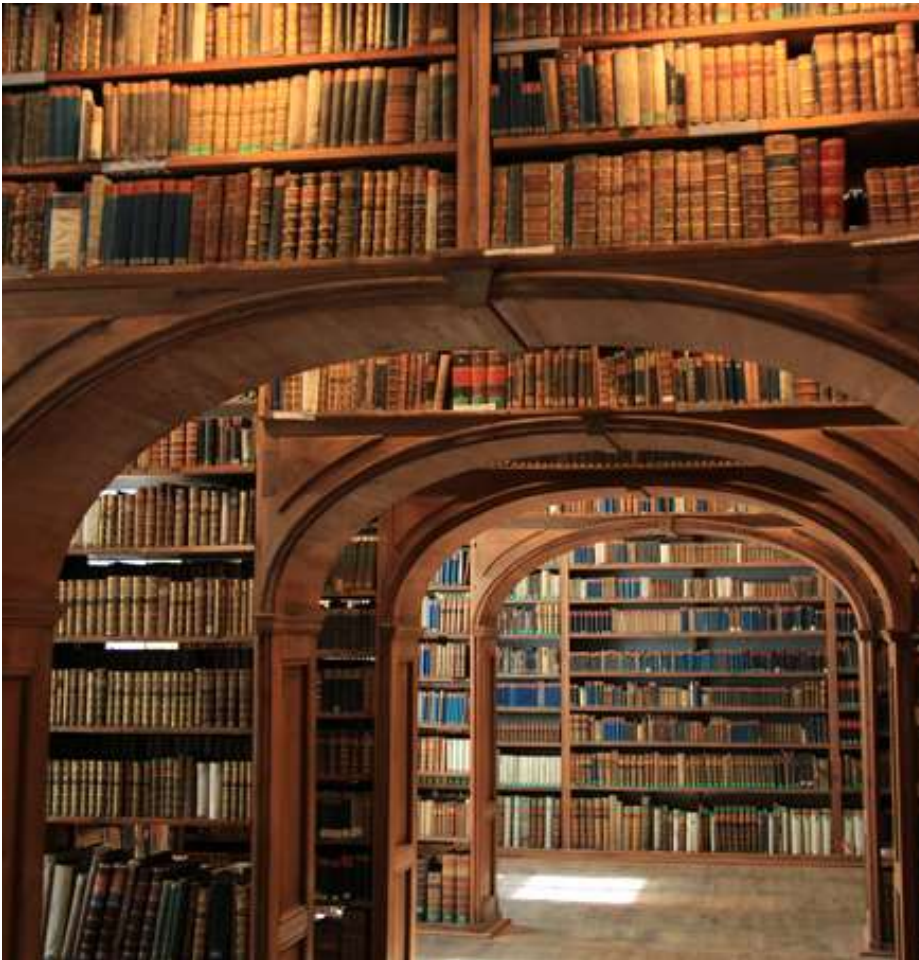


Tattoo Parlors

- Should use medical grade disinfectant in cleaning



Libraries



- Appoint safety Administrator
- Provide PPE to all employees
- Develop deep cleaning plan and checklists
- Develop Employee Training Program
- Offer remote work if possible
- Log Employees to support contact tracing

Libraries cont.



- Limit capacity to 50%
- Limit In-Person services
- Encourage use of book drop
- Block use of every other computer to promote social distancing
- Encourage one-way traffic down book aisles
- Water fountains restricted to filling water bottles

Museums, Zoos, and Aquariums



- Limited to 50% capacity
- Staff and visitors required to wear PPE
- Promote one-way flow through exhibits
- Limit cash and paper transactions
- Limit Interactive exhibits and activities

Museums, Zoos, and Aquariums cont.



- Tours are limited to 10 people including guides
- Visitors must adhere to entry and exit time restrictions
- Visitors to be reminded to look but not touch
- Performances are permitted outdoors only
- Events are not permitted indoors

Indoor Recreation



- Increase ventilation rates and % of outdoor air circulated
- Close indoor waiting areas
- Provide spacing between visitors
- Restrict use of arcade games, billiards, etc.

Indoor Recreation cont.



- Post clear signage
- Encourage touchless ticketing
- Require reservations
- Keep groups separated from non-associated persons
- Increase cleaning time between groups, showings, etc.

Movie Theaters



- Ticket reservations required
- Seats will be spaced in alternating pattern
- Limited to 50% seating capacity
- Visitors required to wear masks

Restaurants

- Outdoor dining may continue – not more than normal capacity but with proper distancing
- Indoors: 50% of regular capacity only, tables 6 feet apart unless barriers are nonporous and 30 inches high
- Servers wear masks and have discrete zones in which to work
- Consider cohorting shifts
- No buffets or self-serve



Restaurants cont.



- No indoor waiting areas
- Try to have no-touch or disposable menus; if not possible, sanitize menus between use
- Increase ventilation rate and encourage circulation of outdoor air

Restaurants cont.

- Customers must wear face masks unless eating
- No bars, but bar seating is permitted if there is a barrier between seating and behind the bar and customers are spaced at least 6 feet apart from each other

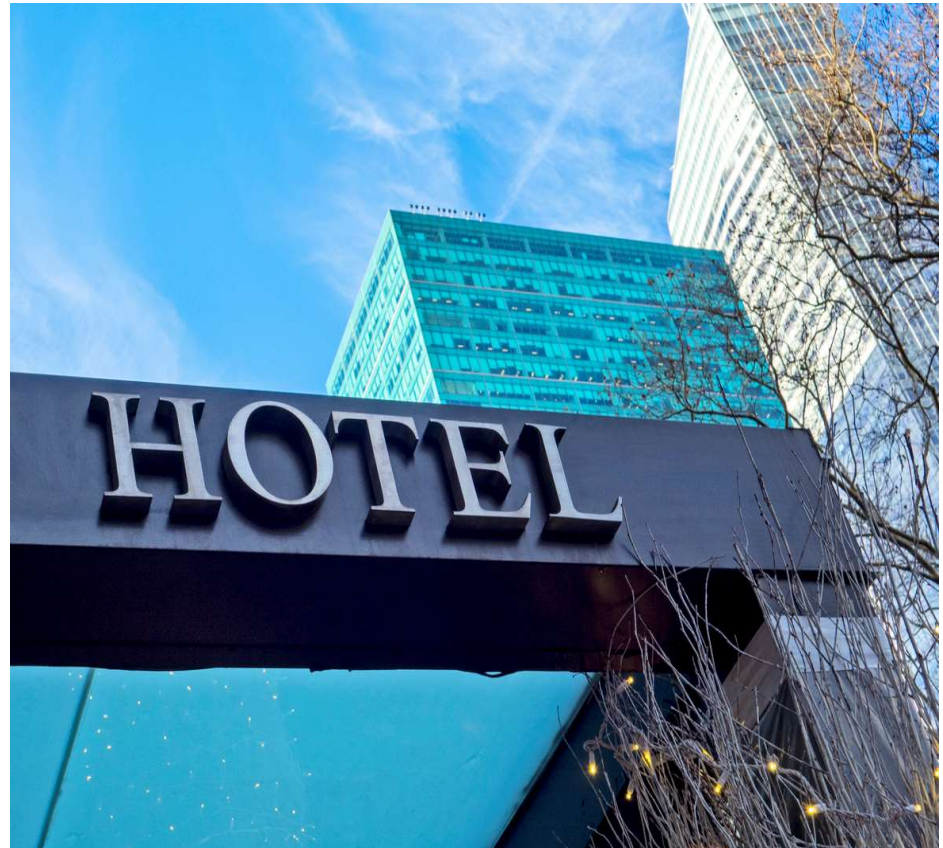


Amusement Parks



- Outdoor only
- Use signage, floor markers and attendants to enforce social distancing on rides and in other areas
- Enforce parking in every other spot
- No self-serve, reusable cups, etc.
- Encourage one-way pedestrian flow
- Water fountains for bottle filling only

- Limit interactions between staff and guests
 - Employees should not enter room when guest is present
 - Encourage mobile check-in and checkout
 - Concierge services by phone only
 - Room service bagged and left at door; knock to alert guest; disposable plates and cutlery



Hotels cont.



- Recommend “passive decontamination” of guest rooms after checkout for 24 hours
- Areas of hotel with other sector rules (gym, restaurant, meeting area) must comply with those rules
- Front desk to have barrier between employee and guest
- Remove unnecessary amenities (coffee, ice machines, etc.)

Hotels cont.

- Signage and announcements to inform guests of rules/procedures
- Common areas to have furniture spaced to facilitate social distancing and be cleaned frequently
- Increase ventilation rates and outdoor air circulation



Personal Guidelines

1. Be a good neighbor
2. Be smart
3. Check ct.gov/coronavirus for updates
4. Call 2-1-1 or text CTCOVID to 898211

Questions?



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<https://www.pullcom.com/newsroom-publications-FOCUS-Responding-to-COVID-19>

for further information



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